

Appendix 2
Emotional Wellbeing Programme
Providers allocated grants in Phase 1 2021-2022

Provider	Projects	Project Content	Target Group	Commenced
Action for Children	Blues School/Bouncing Back/The Approach	<p style="text-align: center;">Blues School Programme</p> <p>6x 1-week EWB sessions for children reaching criteria. Delivered in Schools.</p> <p style="text-align: center;">Bouncing Back</p> <p>Whole class 1 hour for 2 weeks Years 5,6&7</p> <p style="text-align: center;">The Approach Training</p> <p>For staff involved in Blue Schools Programme. Max of 12 in group.</p>	<p>13-19-years</p> <p>Years 5,6&7</p> <p>Staff</p>	September 2021
Albion Foundation	Extra Time	Targeted Mentoring Plus Programme for those in or at risk of being involved in Criminal Justice System	Aged 9-18 years	September 2021
Aspire4U	Lyfeproof	<p style="text-align: center;">Youth-Led Mental Health Support</p> <p>10x 1 hour Counselling Sessions with target audience of YP from ethnic minorities including those at risk of youth offending.</p>	Aged 12-18	March 2022
BCWA	Our Future	<p>Targeted intervention for CYP living with DA at home.</p> <p>1-1 and Group Support</p> <p>Training and advice for schools to identify potential CYP living with DA.</p>	Aged 5-18	November 2021

BCWA	Counselling for Children in Refuge	For those in Refuge affected by Domestic Abuse This includes Therapy Dog sessions, Parent-child art therapy and 1-1 counselling depending on age of CYP.	Aged 0-18 but majority will be aged under 11.	March 2022
BCWA	Child ISVA	Providing 1-2-1 support to Children who have suffered sexual violence	Under 18	April 2021
Children's Society	BEAM Service	EWB support via telephone, online or face to face for low level brief nonclinical interventions.	Age 5-18 or 18-25 if LAC.	July-October 2021
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Creative Academies	EmpowHER	10 hours 1-1 mentoring =social action project and 2-day trips as part of Mental Toughness Programme.	Girls aged 9-12 Girls aged 13-16	July-September 2021
Creative Academies	GirlsCAN	10 hours 1-1 mentoring =social action project and 2-day trips as part of Mental Toughness Programme.	Girls aged 9-12 Girls aged 13-16	October 2021
Family Action	Sandwell Helping Hands	Supporting Children who have or are waiting for a diagnosis of ASD or ADHD and their parents and carers. Receive Group Training in Managing and dealing with emotions and or 1-1 Counselling	Aged 5-11	March 2022
Kaleidoscope Plus Group	B Cre-8tive	4 sessions of EWB support via creative activities. 1-2 hours so max of 8 hours support per child.	Aged 8+	August 2021
Krunch	EWB Mentor	1-2-1 Mentoring within a school environment.	Aged 9-19	September 2021

Krunch	R.E.A.L. Relationships	Respect, Emotions, Awareness, Learning about all types of relationships. Group sessions.	Aged 9-19	November 2021
Murray Hall	Future Foundations	1-1 counselling for CYP	Ages 5-18	March 2022
Relate	Time for You	1-1 Counselling for CYP whose wellbeing and mental health has been negatively affected by Covid.	Age 8-18	March 2022
Sport4Life	Be Positive	Targeted intervention for those with SEMH needs. Offering 1-1 mentoring and structured sport and physical activity.	Age 11-16	October 2021
4 Community Trust	Making a Difference	Lego/Art/Music Group Therapy in 2-hour sessions over 6 weeks. Sessions according to need may include stress reduction, resilience, confidence and selfcare, etc.	Primary and SEND children	October 2021